

PEDAGOGICAL SCIENCES

EDUCATION OF INDEPENDENCE OF STUDENTS WITH THE USE OF INFORMATION TECHNOLOGY

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Abstract:

The work involves the pedagogical identify opportunities for physical culture in the education of students of self-sufficiency and to make adjustments in the educational process through the introduction of information technologies. We consider the content of the didactic complex information support for the e-learning course (EUK) on a subject «Physical culture», which allows increasing the efficiency of independent work of students. In the process of self-study student acquires self-organization skills, self-management, self-reflection and becomes active independent subject of learning activities. The use of modern means of information create conditions of individualization and intensification of the educational process, contributes to more motivation to learn, the system facilitates the organization of independent work of students, the successful development of the discipline and the formation of professional and general cultural competence. EUK can be actively used by students in the process of self-learning and self-education.

Keywords: information technology, e-elective course, independence, independent work of students, physical culture.

Introduction: An important problem of the modern university is a question of specialist training competitive, highly qualified, possessing information technology skills of independent acquisition of knowledge, capable of self-development, having a high level of general culture and physical health.

With the introduction in the educational process of high school the new state educational standards based on competence, becomes urgent task of education of active creative personality, able to make their own choice, having the desire for self-improvement and self-realization.

The desire for self-development and acquisition of knowledge and skills developed, especially in the process of self-activity of the student. The problem of activation of independent work of students is one of the urgent problems of vocational training.

Important skills of self-employment can be generated in the process of studying the discipline "Physical culture". The educational process is built on the basis of the activity, the competency and student-centered approaches can create favorable conditions for the education of the students' independence in activities of

sports and recreational activities [1]. Improving students physical education autonomy contributes to the formation methods of physical self-improvement, maintaining optimal health, education of creative social and active person.

Methods of research: Informatization and computerization of education provides a new process to organize the development of cognitive independence. Modern researchers (N.V. Apatow, R. Williams, B.S. Gershunsky, S.R. Domanova, I.G. Zakharova G. Kleiman, A. Kuznetsov et al.), Demonstrated that the use of information technology provides opportunities for individual creativity of students, enhances the effectiveness of the learning process in acquiring the ability to independently acquire knowledge, mastering the techniques of learning, an independent choice of forms and methods of learning [5].

The problem of the study is to understand the possibilities of information technology in the organization of independent work of students in physical education.

The purpose of research - to identify and substantiate the possibility of using information technologies in the education of students autonomy in the development of the discipline "Physical culture".

The media in the independent work of students contribute to its systemic organization, personalization and create conditions of activation of independent work, contribute to the successful development of the discipline and the development of competencies.

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